



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Salmon & Potato Gratin	Sweet & Sour Chicken & Brown Rice	Roast Beef Topside With Yorkshire Pud	Mild Chicken Curry	Pizza Margherita(v)
Quorn Stir-Fry With Egg Noodles(v)	Cauliflower Macaroni Cheese(v)	Quorn Sausage Toad In The Hole(v)	Vegetable Bean Burger On A Bap(v)	Breaded Cod Double Fish Finger
Garlic Slice Egg Noodles Seasonal Vegetables	Rice Garlic Slice Seasonal Vegetables	Roast Potatoes Seasonal Vegetables	Garlic Brown Rice Seasoned Wedges Seasonal Vegetables	Chunky Chips Baked Beans Seasonal Vegetables
<p>Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily</p> <p>Selection Of Fresh Fruit & Yogurts Available Daily</p>				
Banana Flapjack	Fresh Fruit Or Yoghurts	Jam & Coconut Sponge	Apple Crumb Cookie	Flavoured Ice Cream Tubs

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Pancake Roll(v) Tomato Quorn Bolognese Pasta Bake(v)	Hoi-sin Chicken Stir-fry Cannelloni With Tomato Sauce(v)	Roast Chicken With Stuffing & Gravy Spring Vegetable Quiche(v)	Lamb lasagne Bombay Potatoes With Lentil & Vegetable Curry Sauce(v)	Pizza Margherita(v) Breaded Cod & Salmon Fish Cake
Garlic Slice Coconut Rice Seasonal Vegetables	Egg Noodles Garlic Slice Seasonal Vegetables	New Potatoes Seasonal Vegetables	Pilau Rice Seasonal Vegetables	Chunky Chips Baked Beans Seasonal Vegetables
<p>Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily</p> <p>Selection Of Fresh Fruit & Yogurts Available Daily</p>				
Chocolate Hedgehogs With Raisins	Banana Muffin	Chocolate Concrete	Yogurts Or Fruit Jelly	Ice-cream

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MADE FRESH



YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Salmon Fish Fingers</p> <p>Italian Cheese Omelette(v)</p>	<p>Oven Baked Sausages</p> <p>Salmon Cheese & Potato Pie</p>	<p>Roast Chicken With Gravy</p> <p>Cheese, Pepper & Potato Frittata(v)</p>	<p>Tandoori Chicken Curry</p> <p>Vegetable Chilli Con Carne(v)</p>	<p>Pizza Margherita(v)</p> <p>Masala Fish Fillet</p>
<p>Herby Diced Potatoes</p> <p>Italian Wholemeal Bread</p> <p>Seasonal Vegetables</p>	<p>Wholemeal Pasta</p> <p>Wholemeal Garlic Slice</p> <p>Seasonal Vegetables</p>	<p>Served With New Potatoes</p> <p>Seasonal Vegetables</p>	<p>Pilaf Rice</p> <p>Flatbread</p> <p>Seasonal Vegetables</p>	<p>Baked Beans</p> <p>Chunky Chips</p> <p>Seasonal Vegetables</p>
<p>Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily</p> <p>Selection Of Fresh Fruit & Yogurts Available Daily</p>				
<p>Fruit Crumble</p>	<p>Bakewell Tart</p>	<p>Chocolate Pear Puddle Cake</p>	<p>Fruit Jelly Or Yoghurts</p>	<p>Ice-Cream</p>

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MADE FRESH

Certificate of Compliance with School Food Standards

This is to certify that

On the 10th of April 2018 the Spring & Summer Menus for
St Margaret Mary's Catholic Primary School

meets the revised Government Standards for School Food, which
aim to ensure that food provided is healthy, balanced and nutritious*



Anna-Maria Holt BSc RD
Company Dietitian

Pelican Procurement Services, Ash House, Tanshire Park, Shackleford Road, Elstead, Surrey, GU8 6LB, 01252 705200

*Food provision has been evaluated by a registered dietitian against the food-based standards for lunches (January 2015) using menus and information as provided by the school at time of audit. Changes to menus, or additional food provision not included in the audit will invalidate this certificate.

