



# YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Quorn Bolognaise with Garlic Infused Bread (V)</b>	<b>Lamb Burger in a Wholemeal Bap</b>	<b>Roast Gammon with Pineapple/Roast Potatoes</b>	<b>Chicken Curry with Rainbow Rice &amp; Naan</b>	<b>Breaded Salmon &amp; Haddock Grill with Chunky Chips</b>
<b>Spring Vegetable Puff with Arrabiata Sauce New Potatoes (V)</b>	<b>Cheese &amp; Tomato Quiche</b>	<b>Spanish Omelette &amp; New Potatoes</b>	<b>Vegetable Chow Mein with Egg Noodles (V)</b>	<b>Homemade Pizza &amp; Chunky Chips (V)</b>
<b>Served with fresh seasonal vegetables &amp; salad</b>	<b>Fresh seasonal vegetables with Wholemeal Rice Pasta or Roast Potatoes</b>	<b>Served with fresh seasonal vegetables &amp; salad</b>	<b>Served with fresh seasonal vegetables &amp; salad</b>	<b>Served with fresh seasonal vegetables &amp; salad</b>
<ul style="list-style-type: none"> <li>• Fresh seasonal salad bar available every day with bread baked fresh daily</li> <li>• Selection of fresh fruit &amp; yogurts available daily</li> </ul>				
<b>Fresh Fruit Salad</b>	<b>Mini Fruit Muffins</b>	<b>Chocolate Cracknel</b>	<b>Raisin &amp; Oat Cookie</b>	<b>Iced Burns</b>
<b>Homemade Mousse</b>				<b>Ice-Cream</b>

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily. For any allergen/dietary requirements please speak to the Catering Supervisor.

**MADE FRESH**  
ST. Margaret Mary's RC



# YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chilli Con Quorn with Mashed Potatoes (V)</b>	<b>Jerk Chicken or Spiced Fish Fillet with Rice &amp; Peas</b>	<b>Roast Beef with Yorkshire Pudding</b>	<b>Chicken Balti with Rainbow Pilau Rice</b>	<b>Fish Fingers with Chunky Chips</b>
<b>Salmon, Cheese &amp; Potato Pie (V)</b>	<b>Chinese Style Quorn Curry</b>	<b>Quorn Sausage Toad in the Hole (V)</b>	<b>Cheese Onion Pastie &amp; Wedges</b>	<b>Homemade Pizza &amp; Chunky Chips</b>
<b>Served with fresh seasonal vegetables &amp; salad</b>	<b>Fresh seasonal vegetables with Wholemeal Rice Pasta or Roast Potatoes</b>	<b>Fresh seasonal vegetables Pasta or Roast Potatoes</b>	<b>Served with fresh seasonal vegetables &amp; salad</b>	<b>Served with fresh seasonal vegetables &amp; salad</b>
<ul style="list-style-type: none"> <li>• Fresh seasonal salad bar available every day with bread baked fresh daily</li> <li>• Selection of fresh fruit &amp; yogurts available daily</li> </ul>				
<b>Fresh Fruit Salad</b>	<b>Fruit Shortbread Biscuit</b>	<b>Jaffa Chocolate Sponge &amp; Custard</b>	<b>Chocolate Crunch Custard</b>	<b>Mousse or Ice-Cream</b>
<b>Flavoured Yoghurts</b>				

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily. For any allergen/dietary requirements please speak to the Catering Supervisor.

**MADE FRESH**  
ST. Margaret Mary's RC



# YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Spring Vegetable Quiche &amp; Parsley New Potatoes (V)</b>	<b>Oven Baked Sausages with Gravy</b>	<b>Roast Chicken with Stuffing</b>	<b>Lamb Bolognaise with Garlic slice</b>	<b>Salmon Fish Fingers &amp; Chunky Chips</b>
<b>Marvellous Macaroni Cheese with Mediterranean Bread (V)</b>	<b>Cheese &amp; Onion Puff Pastry (V)</b>	<b>Quorn Sausage with Onions &amp; Mashed Potatoes (V)</b>	<b>Vegetables Samosa with Wholemeal Rice &amp; Peas</b>	<b>Homemade Pizza Margherita (V)</b>
<b>Served with fresh seasonal vegetables &amp; Salad</b>	<b>Fresh seasonal vegetables Herby Diced Potatoes</b>	<b>Fresh seasonal vegetables with Wholemeal Rice Pasta or Roast Potatoes</b>	<b>Served with fresh seasonal vegetables &amp; Salad</b>	<b>Served with fresh seasonal vegetables and salad</b>
<ul style="list-style-type: none"> <li>• Fresh seasonal salad bar available every day with bread baked fresh daily</li> <li>• Selection of fresh fruit and yogurts available</li> </ul>				
<b>Fresh Fruit Salad with natural Yoghurt</b>	<b>Fruit Flapjack</b>	<b>Iced Sponge &amp; Custard</b>	<b>Shortbread with Raisins</b>	<b>Orange &amp; Peach Jelly Ice-Cream</b>

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily. For any allergen/dietary requirements please speak to the Catering Supervisor.

MADE FRESH

ST. Margaret Mary's RC



# YOUR MENU SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Selection of Jacket Potatoes with Cheese or Tuna	Selection of Jacket Potatoes with Cheese or Tuna	Selection of Jacket Potatoes with Cheese or Tuna	Selection of Jacket Potatoes with Cheese or Tuna	Selection of Jacket Potatoes with Cheese or Tuna
A choice of Baguettes with Ham or Cheese	A choice of Baguettes with Ham or Cheese	A choice of Baguettes with Ham or Cheese	A choice of Baguettes with Ham or Cheese	A choice of Baguettes with Ham or Cheese
MSC Fish Option	MSC Fish Option	MSC Fish Option	MSC Fish Option	MSC Fish Option
<b>• Daily Special Menu</b>				

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily. For any allergen/dietary requirements please speak to the Catering Supervisor.

**MADE FRESH**  
ST. Margaret Mary's RC