

Nursery Newsletter - Autumn 1



This half term we have been learning... How to recognise and write a,b,c,d and the numbers 0,1,2,3. We have also learnt about ourselves discussing what makes us unique and talking about our families.

This half term's suggestions for looking after your mind, body and soul:

- Go on a mindful walk. You could collect leaves, conkers etc for autumn.
- Do some exercise.
- Read a story with somebody.
- Draw/colour a picture.



**And finally... HAPPY BIRTHDAY:
Leo—19th October**



Saints and Prayers:

Our Class Saint is ST Francis.

We are learning the Hail Mary prayer .

Mass times:

- Sunday Mass: 9:15am
- Check out our website for up to date mass times for the week.

