

## Key Knowledge

We are all **different**. We all come from different backgrounds. Some people have different **cultures**, beliefs and **religions** which they follow. All of our **families** have different people in them and some are bigger than others. We know that to stay **healthy** and **hygienic**, we must eat healthy foods, brush our teeth, wash our bodies and clothes and get lots of exercise.

## All About Me!



## Key Questions

Who is in your family?  
How do we stay healthy?  
What is the name of our school?

## Reception Autumn

### Vocabulary

**Different:** not the same as another or each other.

**Culture:** the ideas, customs, and social behaviour of a particular people or society.

**Family:** a group of one or more parents and their children living together as a unit.

**Healthy:** in a good physical or mental condition; in good health